



Youth Sports Program

KEEPING THE FUN IN SPORTS!

The Mark Rose Sports Academy is a broad-based sports and education program designed to teach kids athletic skills, build strong, healthy bodies, and develop excellent character. We believe that children exposed to sports and physical fitness at an early age in a fun and positive environment are establishing the building blocks of a healthy lifestyle that will last throughout their lives

The Youth Sports Program introduces players (and their parents!) to sports and physical fitness in a fun, safe, low-pressure environment. Sessions include Baseball, Soccer, Football, Basketball, Tennis and Fun & Fitness and are offered year-round. Sessions run for 6-8 weeks, with 1-2 week breaks between sessions. Overlapping sessions allow you to choose your favorite when you want it! Practices are held once each week for 60 minutes. Members pay only \$20 per practice. Example: \$120 for a 6-week session.

Munchkins: Ages 4-5
3:30-4:30pm

Minors: Ages 6-7
3:30-4:30pm

Rookies: Ages 8-9
4:30-5:30pm

Veterans: Ages 10-12
4:30-5:30pm

February – March

BASKETBALL ~ Wednesday

February 11
February 18
February 25
March 4
March 11
March 18
March 25
April 1

BASEBALL ~Friday

February 6
February 13
February 20
February 27
March 6
March 13
March 20
March 27

FUN & FITNESS ~ Sunday

January 18
January 25
February 1
February 8
February 15
February 22
March 1
March 8

Dates and times subject to change slightly



To register call 866-4040 or email info@MarkRoseSports.com
www.MarkRoseSports.com